



Getting a grip on the Supernatural

She looked at me as if trying to make death rays shoot out of her eyes. “Vampires *are* real!” she hissed, “Haven’t you seen *Twilight*?”

In a flash I realised the futility of debating such things with an eleven year old and stopped myself from launching into a ‘Dad monologue’ about the Persians being one of the first civilizations to have tales of blood-drinking demons.

“Yes of course” I mused, “My daughter is a member of the generation brought up on *Harry Potter*, *Twilight*, *The Wizards of Waverly Place* and a host of other supposedly ‘Supernatural & Paranormal’ themed movies, books and television programmes. To her all of this seems perfectly normal—mundane even!

Over the last two decades it has all become very much a standard part of the entertainment industry, annually generating millions of dollars. Fear and excitement sells.

It was different in my day. The mere mention of the Supernatural or Paranormal caused feelings of trepidation and images of Ouija boards, Séances, ghosts, poltergeists, spontaneous combustion, and movies such as the *Exorcist*—which believe it or not was rated R20 when it was first released here in New Zealand in the early 70’s.

At her age the closest I ever came to such an experience was when my best friend’s brother was chased down the motorway in his car by members of a local motorcycle gang, who shot at him through the window with a sawn off shotgun.

I thought *that* was terrifying enough, but when my friend drew me in close and whispered, “It was all because Shane had been fooling around with a Ouija board!”, I felt a cold chill run down my spine!

FACT OR FANTASY? Its interesting that although this ‘mainstreaming of the supernatural’ has caused people to be more open to these concepts than they may have been in the past, it has also generated even greater fantastic and unreal notions about it all.

Of course this *is* what Hollywood and the entertainment industry actually do—make everything more dramatic and larger than life. Being based in fact has nothing to do with it, why mess up sophisticated escapism with the truth?... when it *sells* so well!

People flying through the air and locking in mortal combat hundreds of feet above the ground, teenage



Above: Promotional Poster and image from the original release of Warner Bros movie “The Exorcist”. It is claimed by some insiders involved in the modern practice of exorcism to be very accurate.

boys with magic wands paralyzing their opponents, then drinking potions and growing gills to swim underwater. Awkward angst ridden young women giving birth to vampire babies... its almost as if people have gone from believing very little to accepting almost anything!

A recent study carried out for the British Association for the Scientific Study of Anomalous Phenomena (Assap), found that one in five claimed to have had some sort of paranormal experience in their lifetime.

More than half of those taking part (52 per cent) said they believed in the supernatural—a marked increase from previous surveys.

I discovered many years after seeing the *Exorcist* movie, that the reason it *was* so frightening and disturbed so many people about the ‘darker’ side of the supernatural was that it was based in real paranormal phenomena!

Insiders who have had direct, practical experience in dealing with demonic possession, have claimed that it was at least 95% accurate.

A man who certainly did know how real the circumstances depicted in the movie actually were was the Reverend Christopher Neil-Smith (1920-1995) a vicar at St Saviour’s Anglican Church at Eton Road in Hampstead, London. He performed more than three thousand exorcisms in Britain from 1949 onwards.

He wrote ‘*The Exorcist and the Possessed*’ in which he detailed his vast experience in performing exorcisms.

Following the popular response to Peter Blatty’s

‘The Exorcist’ in the mid-1970s, Reverend Neil-Smith Appeared on numerous radio and television programmes, becoming well known in public debates about exorcism, demons and vampires.

He firmly believed (based on many years of ‘hands on’ experience) that evil is a real influence in the world and should be treated as such, rather than the abstract concept that it is by contemporary psychology and medical professionals.

Strangely enough, Peter Blatty, who wrote the original book and Exorcist screenplay, reported that in its first weeks of publication, The Exorcist novel, despite excellent reviews and much advertising by the publisher, Harper and Row, was deemed a failure and was being returned from bookstores by “the carload”.

Mysteriously, what he calls “*an extraordinary intervention by Providence*” occurred to completely reverse that trend. Peter Blatty, to this very day, still refuses to say exactly what that ‘intervention’ was.

SORTING THE CHAFF FROM THE WHEAT

So how *does* one get a grip on all of this and make some sense of it? What is important to appreciate or understand about it all, if anything?—is it just an excellent source of entertainment?—or is there something much more vital and important to grasp for anyone seriously wishing to develop their life to its full potential?

What is not commonly understood—but has been the backbone of all great esoteric teaching throughout the ages—is that just like the laws of physics or chemistry or even economics and business growth, there are certain laws or principles at work in life that even govern the functioning of something as seemingly abstract and random as the supernatural and paranormal worlds.

It has often been said that the Ancient Egyptians—particularly of the Old Kingdom—had an almost ‘supernatural’ command over the material worlds. This is due, in large part to the fact that they had been able to develop an advanced science and understanding of these very laws and principles behind the material world.

The Oxford Dictionary defines the word supernatural as;

1. That which is above nature; transcending the powers or the ordinary course of nature. b. Relating to, dealing with, or characterised by what is above nature. 2. More than the natural or ordinary; abnormal, extraordinary.

Clearly this is referring to something that is to do with the unseen powers above and beyond ‘nature’—rather than the physical material of the rocks, trees, flora and fauna dimension of it.

Before considering the ‘super’ part—what then is ‘*natural*’? Of course this is currently a heavily loaded and contentious debate isn’t it?, but let’s try something very simple.

Take the idea that what is natural is anything that has not been manufactured or created by human beings.

This would have to include all ideas, concepts, philosophies, sciences, and even our current world view!—which, whether correct or not, are all purely human constructs.

Its that old thing isn’t it? you can have what ever ‘theory’ about the nature and origin of gravity that you like, but if you decide to jump off the top of the Sydney harbour bridge, *whatever* gravity is, it will cause your sudden demise! Having been created as part of the forces of nature, not by humans, it doesn’t care what you theorise or believe about it!

That then leaves us with the ‘natural’ world of our planet, with its oceans, mountains, flora and fauna, as well as the seasons, the weather and all the billions of processes that are constantly going on—and *have* been going on for many millions of years—that make up this intricate, life supporting biological system we call ‘Nature’.

Of course you have to add in the Sun and the rest of the planets in our solar system, as well as the Milky Way, and in fact the entire Universe, because all of these are also part of this intricately connected system of nature *and* none of *them* were produced by humans either.

Hence in this context they must all be considered ‘natural’—whether by intelligent design *or* some ‘random’ causation—it doesn’t really matter.

The Four Domains of Nature



Above: Ancient Wisdom always held that the world and everything in it is composed of various combinations of the elements of Earth, Air, Fire & Water. Giving rise to the understanding that there were also four domains of living forms.

The Four Elements of Human Composition



EARTH
*Skeletal System,
Muscles & Tissues*



WATER
*Circulatory, Digestive
& Endocrine Systems*



AIR
*Respiratory
System*



FIRE
*Nervous System, Mind,
Thoughts & Emotion*

THE FOUR QUADRANTS OF LIFE Ancient Wisdom always held that this ‘Nature’—and all of its countless forms—were composed of various combinations of the Four elements of; Earth, Air, Fire & Water—or what modern science now refers to as the four ‘*phases*’ of matter, i.e. solids, liquids, gases & plasma—which is electrical incandescence.

This in turn gave rise to the perception that there must also be, by necessity, Four ‘domains’ of living forms.

They saw that there were the life forms of the **Earth** world—encompassing everything from bacteria to mice, goats, oxen, worms and horses etc.

Then secondly the world of **Water**, from ponds and streams, to rivers and the oceans with all of their teaming life forms.

Thirdly the world of **Air**, with its life of birds, insects, butterflies etc. and finally the **Fire** or ‘spirit’ world, wherein dwelt just as many countless forms of life, from ones ancestors and local nature spirits, all the way through to the manifestations of the spirit of this planet herself—which in Egypt was often depicted as Hathor, the Great Cow Goddess—“unseen spirit mother” and maintainer of all four of these living domains.

Through an intimate, living connection with these worlds of nature, they could see that their own human form was in fact, also a four dimensional condensation of these realms.

For example, If we take the most solid or ‘earthy’ level of ourselves such as the skeletal system, with our

muscles, organs and tissues, that would comprise the **Earth** quadrant of our human form.

Our cells, blood, circulatory and digestive system, (where solid foods are broken down into liquids for digestion), as well as the endocrine system where various ‘chemicals’ are secreted into the blood stream to regulate the bodies metabolism, gives us the **Water** quadrant of our body.

Next, if we take the respiratory system with its crucial oxygen and carbon dioxide exchange as well as the various other micro gases that are saturated into our bodies, we get the **Air** quadrant.

Last—but certainly not least—is the **Fire** quadrant where we have our brain and central nervous system with its ceaseless flow of electrical impulses, followed by all of our thoughts, memories, ideas, passions and feelings—the combined, compounded results of which give rise to the ever growing presence of our mind.

What was most important about this four fold interaction of the natural world was that everything originated *from* and returned *to* this ‘fire realm.’

THE NATURAL HIERARCHY OF BEING We see this in the simple example of burning a piece of wood. The cellular matter of the wood is a resultant condensation from the conversion of sunlight, water and various trace elements from the soil into solid matter.

When ‘burnt’ these substances are transformed back into the unseen realms as heat, light and smoke. (which gives a deeper insight as to why so many of the worlds cultures use various forms of cremation ritual

to help return their loved ones to where they came from.

It *is* slightly amusing that it has taken our own science over 300 years to finally come to this same understanding that what appears to be ‘solid’ matter is in fact, slowed down or ‘frozen’ energy.

Try doing anything—even getting up to make a sandwich—without thinking about it or ‘imaging’ it in your mind first.

Notice also that unless your feeling or desire for that sandwich is strong enough, you will not overcome the inertia of the ‘Earth’ part of your body that feels hungry, but can’t be bothered with the effort of getting up to make that sandwich!

No scientist has been able to show us a dissected thought or burning passion in a test tube yet have they? Thus without this ‘fire’ quadrant of our lives nothing much would *ever* happen—literally.

Beethoven’s maid noted that at times he would become so ‘possessed’ with the fiery passion of a new piece of music he was ‘giving form’ to, that he would simply pour a large pitcher of water over himself to clear his head, and then continue on working without even moving from his piano!

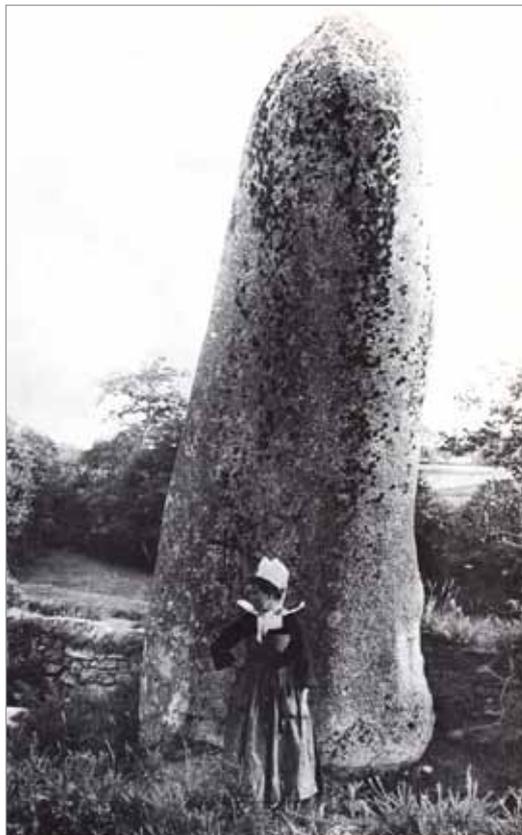
This is the very key principle of all success and motivational teaching isn’t it?—what Steven Covey in his, “7 habits of highly effective people” termed, ‘Beginning with the end in mind’—because everything has to be created mentally first, before it can ever be created physically.

THE REALM OF THE GODS It is for this precise reason that in the past—in *all* cultures (except our own)—this particular dimension of the ‘Sacred Four’ was always the prime focus of all other human endeavour and activity because it was obvious to people that not only did everything come from and ultimately return to this unseen, causative world, it was also the source of sustenance and uplift to their own inner, ‘fire’ or spiritual life.

It is shameful to think how the great pioneers of the “Church of Progress” as Anthony West calls them, have vehemently dismissed the ancient, global wide knowledge of this realm of the ‘gods and spirits’ as nothing more than ignorance and superstition—completely missing the fact that this deeper and ‘revealed’ knowledge of the unseen realm was much more advanced and sophisticated than anyone has previously suspected.

Laird Scranton in his brilliantly original “Sacred Symbols of the Dogon”, shows quite clearly—by matching up Egyptian Hieroglyphics with Dogon symbols and language—that the core principles of particle physics, gravity and even the speed of light were known of and thoroughly understood several thousand years ago.

Hence the advent of all sacred sites, magical



Above: Ancient Celtic fertility Menhir in Brittany. This sacred spot was a place for the restoration of fertility. ('The Earth Spirit' by John Michell—Thames & Hudson)

practices, healing springs, and temples are based upon direct connection to this ‘unseen world’.

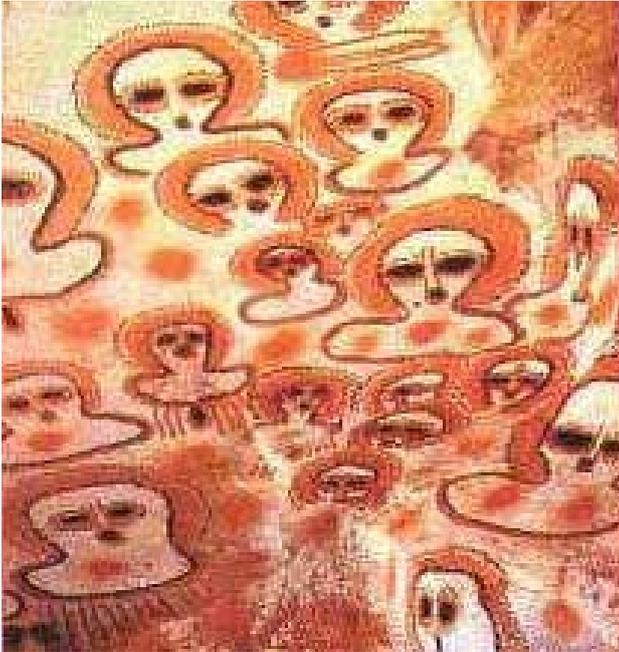
The very essence of reincarnation, which means ‘returning to the flesh’ is based in this knowledge of the human having a resultant energy body that in passing out of the material world, can exist for a time before returning into another body at a later time.

This fourth or ‘unseen’ world even has its own ‘landscape’ if you will, from converging ley line points to sacred springs, enchanted forest clearings, temples and features imbued with specific energetic properties such as healing or fertility enhancement, or certain places that acted as ‘gates’ or ‘portals’ for more direct contact with the life forms and influences of this other world.

It is this fact that explains much of the pilgrimages, religious practices and folklore of certain locations around the world. For example Lourdes was a healing spring many centuries before its ‘Romanisation’. Findhorn with its extraordinary energies for growing giant vegetables and the prehistoric caves of Lascaux to name but a few.

In fact, with the spread of Christianity throughout the European world it became common practice to build churches and cathedrals over the top of traditional sacred sites that had already existed there for centuries.

Although written into history as a necessary act of stamping out ‘paganism’ (which actually means



Above: Although the current trend is to attribute much of ancient art as a record of Alien visitation. Most of it is referred to by the people who actually created it as being the living forms of their unseen world. (Wandjina petroglyphs from Kimberley, Australia–Wikipedia)

the worship and reverence of nature—or all that is natural and originating from the divine), in terms of 'occult' technology, what they were actually doing was appropriating and absorbing the magical and enhancing energies of these spots to enhance their own 'power' of control over the world.

It does make one wonder why the Christian Clergy—who were supposedly connected directly to the creator of the universe through the Pope—would need to 'steal' these powers of mother nature in the first place.

When the French invaded the Island of Madagascar in 1869, it was at that time ruled via a system of 12 Native Kings (yes, astrologically based), who met once a year at a special sacred site in the centre of the Island for religious ceremonies and to sort out issues of governance and civil law.

After conquering this indigenous Madagascan federation, the French Colonialists erected a bandstand in the centre of this sacred site and then persistently blasted out military band music to disrupt and destroy the sacred holding patterns of the tribes traditional spirit world entities and influences to ensure that theirs would be the *only* 'governing influence' on the Island.

The reader may have already realised that in any part of the world, whether it was the North American Indians, Australian Aboriginals, Tibetans or Rain Forest Dwellers, the key step in the total subjugation of an indigenous people is to first severely disrupt and eventually destroy their sacred connections to the spiritual nourishment of their natural 'Fire' world.

Mind you it is still a major subjugation technique

even in modern life isn't it?—a motorway through your town will achieve exactly the same thing. Cell phone towers, smart meters, lots of concrete, hard angular shapes and electricity pylons will also make it impossible for these enhancing natural presences to come near. This is the deeper 'hidden' reason as to why we suffer from ever increasing rates of illness, disease and depression in our times.

Of course we must not forget that the most effective subjugation of all has been the steady convincing of the vast majority of our population—since the industrial revolution—that this intelligent and vital dimension of life does not even *exist!*—just stick to the solids, liquids and gases of life—Barbecues, Beers, Beaches and Botox—that's all you need mate!

THE AKASHIC RECORD Because most *have* been so thoroughly conditioned by their education and ordinary life experiences to accept that there is no unseen, intelligent, causative dimension to life, the very idea of being able to experience first hand something of the paranormal or unexplained, is to many, a very exciting prospect and the notion that this will somehow offer 'proof' that this other side of life does indeed exist is even more appealing.

There is however a certain caution to have about the 'lower' influences that exist in these realms. Just as with anything else in life, not *everything* is necessarily 'good' for your health.

The organic life forms of the three material worlds all have their own natural ecologies, and domains. So to do the life forms of this unseen world.

Its 'ecology' exists chiefly between the surface of the earth and the 'Van Allen Belts'—two zones encircling

Zone of the Akashic Record



Above: The Van Allen Belts and the Earth's Magnetosphere act as a 'skin' of containment for all the thoughts, emotions and radiations that have been generated by the human race throughout its history.

the earth where there are large concentrations of high-energy particles trapped within the earth's magnetic field.

This creates an electromagnetic 'skin' in the earth's upper atmosphere which not only functions as a protective barrier to keep out harmful cosmic radiations and particles, but also acts as a 'sheath' to keep in all the thoughts, emotions, radiations and electromagnetic signals that are produced by the processes of life going on inside of it.

The fact that energy cannot be created or destroyed means that every human thought, feeling, emotion, and radiation that has ever been produced since the last great cataclysm occurred on earth around 9,500 BC, is still here. (Which may explain *why* there seems to be no collective memory in the human race from before that time.)

This territory is something that is referred to in esoteric tradition as the 'Akashic Record', or 'Astral Light'.

Ervin Laszlo, a highly respected expert in human consciousness and twice nominated for the Nobel Peace Prize, has researched and written a great deal of lucid and deeply perceptive work on this Akashic record and in particular its relationship to the development of human consciousness.

You may recall his excellent article with Kingsley Dennis, "The Akashic Age: A New Dawn Rising" (New Dawn #140), where they drew together a most inspiring summary of how the 'New Science' is at long last beginning to draw back the veil to rediscover this unseen intelligent singularity at the heart of all of life's processes.

By way of analogy, the Astral light could be thought of as being like the 'water' of the ocean and the 'occult' would be akin to the many aquatic life forms and systems that then live within it.

This simple principle is perhaps the greatest key to unlocking many of the 'mysteries' and 'unexplained' phenomena of the world—both past and present.

For example take, ghosts. What *are* ghosts? Well in this context they are a certain type of residual astral form caused by the generation of intense grief, shock or emotional trauma attached to a person's death. That 'impression' then gets permanently locked into a certain place or circumstance.

You may have noticed that Ghosts don't move very far from that specific place, or take off on holidays! Having been created they must then—like everything—else have a source of 'food' to sustain themselves. This they can do because people mostly react to them with a great deal of fear. As a person gushes out the energy of their own fear and emotion, these astral forms are then able to absorb the 'nutriment' of that in order to continue their ghostly existence.

The Ancient Egyptians were responsible for stocking the Akashic record with many of the other astral and occult forms that exist—which is why there

is hardly an 'esoteric' society on earth that is not heavily imbued with Egyptian symbology, ideas and rituals. Even the Catholic Church's solemn "Amen" is a reference to the Egyptian God "Amen-Ra".

They were highly skilled masters of 'Astral engineering' and amongst other things, created some particularly hideous and frightening astral forms to protect their tombs, or 'After life Portals' from those who would seek to pillage and desecrate them.

It's a little worrying how the powerful 'rulers' of our own time still use fear as the principle method of frightening the public away from anything they want to keep 'hidden'.

When Egypt eventually broke down and 'laid off' its occult 'staff', these astral forms ended up having to roam the world through the akashic record looking for new circumstances to provide their 'food'.

It would be wise if you are keen to become master of your own destiny, to *not* become a source of their nourishment! A ghost can't really cause you any great harm, (apart from messing your pants!) but the astral entity of the Great Golden Scarab Beetle certainly *can*!

As for that entity or occult form depicted in the exorcist—well without going into too much detail—imagine for a moment if the accumulated concentration of all that currently exists in the Akashic record as a result of thousands of years of human torture, cruelty, genocide and bloodshed, suddenly appeared in a single concentrated form?

As the entity said when the exorcist demanded to know its 'name'— "My name is legion!" it hissed.

Most people will never be 'useful' enough for this concentrate entity to ever bother them. These days it is more interested in powerful and influential people such as a Country's President, or the heads of global corporations where it can have its most direct influence and outplay into the human race.

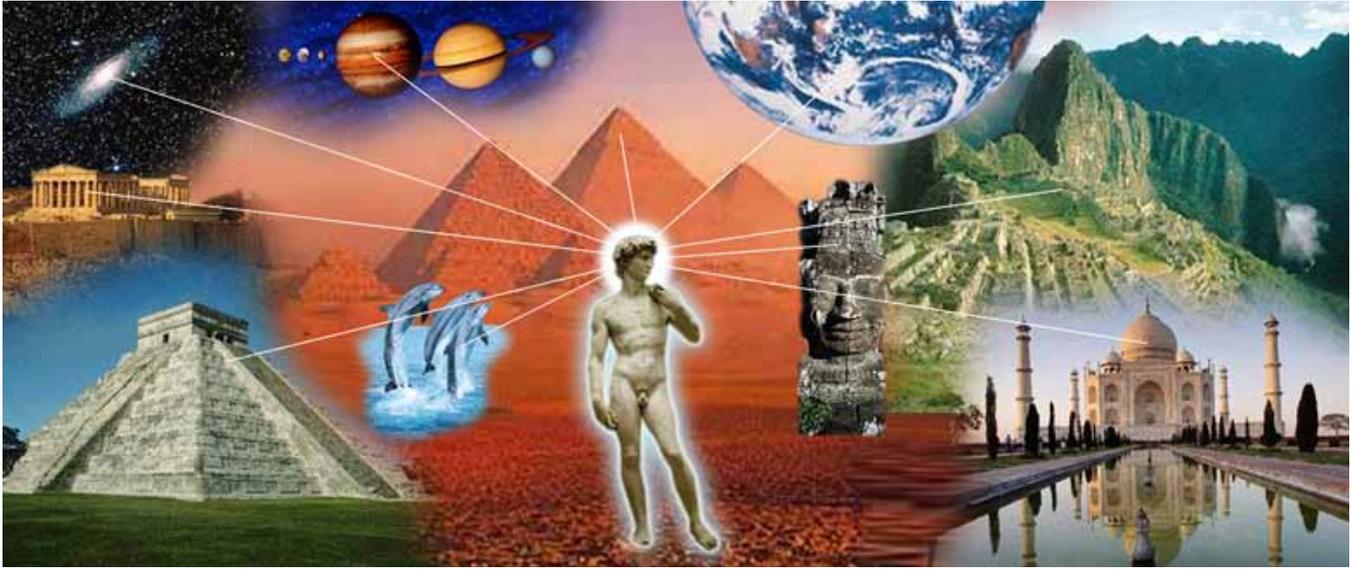
However there are other things to be aware of in this astral realm that are potentially just as damaging, but do their work in a slow and insidious manner.

THE GREAT GOD HYPNOS Thirty years ago—in the early 80's—when I first began my own exploration into the 'hidden' causes of life, I had numerous friends and associates who were also pursuing the same thing.

Sadly there are few still left in pursuit of the great mysteries now. By far the vast majority simply slipped back into the ongoing humdrum of ordinary life, looking forward each year to the 'high points' of parties, birthdays and holidays overseas.

What really happened though was something that those 'illumined' individuals throughout human history have persistently warned us about (and were often tortured and put to death for their trouble!) which was that they simply 'went back to sleep'.

Gurdjieff perhaps encapsulated it most succinctly in the lesson of how a human being cannot even begin to develop and realise its higher human potential unless



Above: The Akashic record of history is etched with the work of all of those rare, illumined men and woman who have journeyed down this path before us. The libraries, art galleries and mythologies of the world are sprinkled with their wisdom, teachings, art and music, providing an illuminated trail into the 'super' natural potential of human life.

it first 'Wakes up'.

He showed that what we call ordinary life is in fact a great perpetual astral 'wheel'—its several thousand years of aggregated power now making it *totally* overwhelming—wherein all are swept up and 'programmed' into an unconscious enslavement to its purpose.

The 'Matrix' is in fact a very ancient understanding about the real situation that we have been born into.

He warned that even to wake up is no guarantee one will *stay* awake and pointed out that most simply "go back to sleep and then *dream* that they are still awake".

Unless one is extremely vigilant and determined, the stupefying, choking clouds of the 'Great Nothing' that exist in the akashic record can claim you back.

The Ancient Greeks referred to it as the god 'Hypnos' (root of the word Hypnosis). The Egyptians were constantly mindful of the destructive powers of Set, who sought to return the lush, fertile abundance of the Nile valley back to a lifeless desert. In him they encapsulated the principle of all that would astrally seek to keep the human unconscious, asleep and a slave to a false purpose.

I think Set would have *loved* Fracking, smart meters nuclear power stations, and the constant re runs of "The Kardashians!"—which is certainly a 'Hypnos' for many in this day and age.

In the Bible, when Jacob falls asleep the angels show him in a 'dream vision' a great 'golden ladder' ascending into heaven.

There most certainly is a 'ladder' ascending up—though this unseen world. It is extremely difficult to climb, all the more so in our current times where anything sacred, mysterious or fine is quickly ridiculed and crushed to clear the way for new carnal pursuits and bigger profits. All the while the 'Cardinals' of modern culture broadcast to us 24/7 that there is no

such thing as a 'higher' possibility.

Many have tried to climb the ladder, few have succeed. However that is the *way* of all nature. An Oak tree will produce millions of acorns in its life time. Most of those acorns will however become food for the local fauna and nutrient for the soil—how many will ever grow and develop to become another mighty Oak tree?

PUTTING THE 'SUPER' BACK IN SUPERNATURAL

The Supernatural, paranormal, occult or 'unseen' realm is all very real—even if what human minds and emotions have manufactured about it may not be.

By ordinary knowledge and standards of education, it is *all* very much 'unexplained'. However these unseen realms are in fact perfectly 'natural'. We are fully immersed in and part of them, right through to our very 'Fourfold' constitution.

In essence they are simply the 'handle' on the door—if you will—that leads to the great, profound and sacred realms of the causes and meaning of all existence.

As one bright member of a group of 'seekers of truth' in his own time once advised, "*Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you*"

The Akashic record is deeply etched with the work of all of these rare, illumined men and woman that have journeyed down this path before us. The libraries, art galleries and mythologies of the world are sprinkled with their wisdom, teachings, art and music.

Perhaps more importantly, what also still exists in these 'unseen' worlds, are the energies, influences and unseen 'guides' that provided them with the 'nutriment' or 'fuel' to activate their own higher human potential and to then achieve the great things that they did.

Ghosts, Poltergeists and things that 'go bump in the middle of the night' are all very interesting of course,

but my personal advice to any young seekers of truth just setting out on the journey is—try to avoid being distracted by the great occult ‘side show’ of World History. Actively seek out the finest *quality* in these realms above all else. Research and study carefully the work of those uncommon human beings who achieved extraordinary things. Particularly those who helped advance the human race in its spiritual evolution, who took what was natural and developed it into something ‘super-natural’ as in the sense of over and above the normal and general ways of life.

Curiously enough even *that* advice is out there hidden amongst so much nonsense isn’t it? – *“Beware of the false prophets, who come to you in sheep’s clothing, but inwardly are ravenous wolves. You will know them by their fruits...”*

Rudolf Steiner is just one example that springs to mind. The ‘fruit’ of his hard won illumination and wisdom is still taken up by thousands of people around the world everyday, and not just in philosophical or spiritual terms, but in daily practical realities like biodynamic farming, education and even things like water purification techniques developed from systems that nature herself uses to purify and re energise water.

Fortunately for us there are still these most extraordinary ‘higher’ influences available from this unseen realm that give one the most remarkable vitality, enhancement, wellbeing, revelation and profoundly deep inner ‘knowing’ about the truth of the great mysteries of life and existence. They quietly wait, hoping to be connected to, for they were put there by nature to help and assist humans unlock their greater potential.

The real reason for the massive volumes of ‘energy drinks’ being sold around the world today, and of course the exponential increase in the consumption of the original energy drink—coffee!, is because the ways of modern life, cause us to be largely disconnected from our natural energy sources, and forces us to live in a state of perpetual exhaustion.

Perhaps it is time to think more seriously about ones ‘unseen’ diet?, “You become what you eat” they say, but at the level of ones mental and emotional body it then elevates to, “You become what you think about”.

No normal, sane person when they got hungry, would casually saunter over to the local refuse station and begin loading up their plate with decomposing food scraps, mixed in with toxic waste chemicals and wash it all down with a bottle of putrid milk!

However few seldom ever stop to question the ‘freshness’ or quality of the ‘food’ they are ingesting and processing from the unseen worlds. After all *Everything* is either a food or a poison to the human system.

THE ‘FIRE’ FUEL OF THE FUTURE There is much in the idea of this being a time of great change in world history, of moving into a more enlightened time of greater focus on the spiritual dimension of life and the evolution and expansion of consciousness.

If this is the case—and I am totally convinced that it is—then our integration and re harmonising with this natural unseen quadrant of our lives—which *is* the very source material of our consciousness, intelligence and vitality—will become more crucial than ever.

The ancients knew well, that for anything to materialise, or manifest in the material world it had to happen in the unseen worlds first, as that *is* simply the way that the nature works.

There *was* a significant ‘change’ that occurred over the December 2012 period. Its just that being Cosmic in its origin, it entered into the unseen quadrant of our world first—it has yet to go through the process of manifesting fully in world affairs.

As we Head further into 2014, profound changes *are* manifesting aren’t they?—from digital currencies rapidly rising to offer an alternative to central bank enslavement, to massive civil unrest and rioting around the world, to the U.S’s desperate attempts to start world war three ‘somewhere’ so as to avoid its immanent internal collapse from the biggest national debt in the history of the world.

An acorn can’t grow to become a mighty Oak when covered over by concrete (and it will also struggle if trying to grow next to a cell phone tower!) What we are seeing is the breaking down of old systems that manifested from the energies and ideas of the industrial revolution, in order to clear space for the influence of this new Epoch in human history to materialise.

After all, as we have seen with the discovery of complex ancient ‘cities’ like Angkor Wat—completely hidden in the jungle for hundreds of years—‘nature’ soon takes care of *all* of mans constructs. It is said that if every human being left New York tomorrow, within twenty years nature would have completely broken the entire city down.

Have you noticed that even the previously well established scientific, religious, and philosophical systems of the world are not only struggling to give any sensible explanation to what is going on, but are hard-pressed to even hold *themselves* together.

There is a new ‘Church’ in London made up of various ex church goers who no longer believe in God or religion. They meet regularly in an old disused church to sing and dance in celebration of the joy of life without God!

Clearly it is not that easy to escape the astral weight of the past and connect to something new and original—and yet at this particular culminating point in world history—the potential to actually succeed in doing so has never been greater.

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